



Tal-Kaptan
Est. 1988


BITES & STARTERS

Marinated Greek Olives     €3.50

Pistachio Crusted Local 'ġbejna'  €8.50
With lemon-honey dressing


Crispy Fried Calamari   €10.50
With caper-lime yoghurt

Fresh Mussels    €11.00
With cherry tomatoes, spring onions & touch of chili

Maltese Platter  €17.50
Selection of local delicacies; 'ġbejna', sundried tomatoes, Maltese sausage, olives, 'bigilla', pickled onions, galletti grissini, marinated white beans and spring onions




SALADS

'All salads are served with crispy leaves and freshly cut vegetables'

Classic Chicken Caesar  €10.50
With bacon, parmesan salad leaves and croutons


Thai Marinated Beef   €13.50
With peppers, cherry tomatoes and spiced peanuts

House Cured Fresh Salmon €12.50
Cucumber, herbs, radishes, caper yoghurt   

Quinoa    €11.50
Peaches, beet root, walnuts, spring onions, cherry tomatoes, peppers




PASTA

Spaghetti Marinara   €13.50
With fresh mussels, fresh clams, calamari and prawns



Carnaroli Risotto   €11.50
With calamari, lemon and rucola

Maccheroni Torchi   €12.50
Braised pork cheeks and red wine

Home-made Rabbit Ravioli  €13.95
With roast garlic and sage

Garganelli Beef Fillet Strips  €10.50
Herbs, parmesan & mushrooms, finished with a touch of cream

Spaghetti Octopus    €10.50
Tomatoes, basil, olive oil & olives

Home-made Local 'ġbejna' Ravioli €13.95
With cherry tomato & olive oil  

Seafood Paella  €14.50  €28.00
With fresh clams, fresh mussels, prawns and calamari    

HOUSE BURGERS

'All served with fries and coleslaw'

Bacon and Cheese Grilled Home-made Angus Beef Burger €11.50
In a brioche bun

Chicken Breast Burger €11.50
Crispy bacon, caesar dressing and parmesan

Hot Dog €11.50
With pickled onion relish and red leicester cheese

Pulled Duck Burger €13.50
With cranberry jam and brie cheese

MAINS

'All main courses are served with vegetables and roast potatoes where no sides are mentioned'

Traditional Fried Rabbit €17.50
With garlic and white wine   

Veal Milanese  €16.50
With rucola & parmesan

Grill Marinated Chicken Breast  €16.50
With mushroom sauce


Grilled Calamari    €18.00
Crispy rucola and fresh orange salad



Baked Fresh Local Seabass    €19.50
With lemon caper yoghurt


PIZZA



Margherita   €7.50
Tomato sauce and mozzarella fior di latte


BBQ Chicken €8.95
Tomato sauce, mozzarella fior di latte, chicken, sweetcorn, bell peppers, onions and bbq sauce



Quattro Stagioni  €8.95
Tomato sauce, mozzarella fior di latte, peas, spicy sausage, egg and mushrooms


Four Cheeses   €8.75
Tomato sauce, mozzarella fior di latte, blue cheese, goat's cheese and parmesan shavings


Capricciosa  €9.50
Tomato sauce, mozzarella fior di latte, mushrooms, artichoke hearts, smoked ham, egg and black olives

Vegetarian   €8.50
Tomato sauce, mozzarella fior di latte, fresh tomatoes, sweetcorn, onions, bell peppers, mushrooms and garden peas

Maltija  €9.50
Tomato sauce, mozzarella fior di latte, caponata, Maltese sausage, onions, egg, goat's cheese and black olives

Kaptan Suncrest   €11.95
King prawn, mussels, calamari rings and fresh herbs dressed with fresh cherry tomatoes, rucola and garlic oil

Pulled Pork  €11.50
Tomato sauce, mozzarella fior di latte, pulled pork, bell peppers, caramelised onions, and bbq sauce

Parma Bufala  €12.50
Fresh cherry tomatoes, parma ham, rucola and mozzarella di bufala



 Lactose free  Gluten free  Does not contain nuts  Vegetarian

'Please refer any food allergies/intolerances to the assigned station waiter when placing your order'