

STARTERS

Cheesy garlic focaccia  	€6.50
Garlic infused olive oil on a pizza base topped with melted Mozzarella	
Trio Bruschetta 	€6.50
Tomato, onion and basil, olive tapenade, sundried tomatoes and goat's cheese	
Bruschetta focaccia  	€6.75
Fresh chopped tomatoes, mixed herbs and garlic infused olive oil on a pizza base	
Cheesy bruschetta focaccia  	€6.95
Fresh chopped tomatoes, mixed herbs and garlic infused olive oil on a pizza base topped with melted Mozzarella	
Chicken wings   	€5.75
Deep fried wings served with BBQ or southern sauce	
Calamari Fritti	€8.50
Calamari rings deep fried in breadcrumbs served with roasted garlic aioli	
Pot of mussels	€10.50
Sautéed in white wine, garlic, olive oil, sage and fresh cream	
Camembert Bites 	€7.50
Melted Camembert served with cranberry sauce	
Soup of the Day	€5.75
Ask your server for further assistance <i>(served between 1st November & 31st March)</i>	

SALADS

Greek **GF**

€9.50

Marinated feta cheese in basil oil, black olives, cherry tomatoes, cucumbers and onion rings set on a crispy iceberg and rocket salad

Asian chicken

€11.50

Thai marinated strips of chicken breast served with a crispy iceberg and mixed leaf salad tossed in a sweet chili and lemon dressing, topped with onion rings, cherry tomatoes, pineapple cubes, sunflower seeds and spiced peanuts

Chicken Caesar

€10.50

Crispy iceberg lettuce tossed in Caesar dressing, topped with marinated chicken, crispy bacon, cherry tomatoes, Parmesan shavings and bread croutons

Smoked Salmon & Shrimp

€11.95

Crispy iceberg and mixed leaf lettuce tossed in a dill emulsion, topped with smoked salmon, cherry tomatoes, cucumbers, black olives and basil shrimps

Parma Bufala **GF**

€12.50

Parma ham with fresh Mozzarella di Bufala set on a bed of rocket and sliced tomatoes drizzled with basil dressing

Thai Marinated Beef

€13.50

Crispy iceberg and mixed leaf lettuce tossed in sesame oil, soy and sweet chili split dressing topped with cherry tomatoes, onions and bell peppers with Thai marinated strips of prime cut of beef and spiced peanuts

Quinoa salad **GF**

€10.25

Chopped avocado, cucumber, cherry tomatoes, onions, basil, oil, mint and a touch of olive oil and lemon juice

Additional chicken breast €2.50

Additional salmon fillet €3.95

PASTA

- Spaghetti Bolognese GF** €8.95
Spaghetti tossed in our signature Bolognese sauce
- Spaghetti Carbonara GF** €8.75
Pancetta tossed in crushed peppers, garlic, onions, egg yolk, fresh cream and parsley complemented with Grana shavings.
- Casarecce Jamaica Joe** €8.50
Chicken liver, crispy pancetta and sweetcorn, pan fried in onions and garlic, sautéed in a port reduction, finished off with fresh cream and parsley
- Penne Chicken GF** €9.95
Chicken cubes, pancetta, asparagus, sundried tomatoes, garlic, onions, tossed in fresh cream, Grana shavings and parsley
- Penne Maltese** €9.95
Tomato sauce cooked with Maltese sausage, sundried tomatoes, olive oil, garlic and onions finished off with fresh cream and parsley topped up with peppered goat's cheese
- Fusilli Beef**  10.25
Prime cut of beef tossed in garlic, onions, thyme, mushrooms and walnuts, finished off with fresh cream, parsley and Grana shavings
- Linguine vongole**  €11.95
Sea clams pan-fried in olive oil, garlic, hint of chilli, white wine, fish stock, fresh herbs, cherry tomatoes and parsley
- Casarecce salmone** €10.95
Smoked salmon pan-fried in onions, garlic and olive oil, flamed in vodka, and finished off with prawn bisque, fresh cream, mint, parsley and topped with lump fish caviar
- Spaghetti Nero di Seppia & Calamari** €13.50
Pan-fried calamari rings in onions, garlic, olive oil and white wine, finished off with cherry tomatoes and fresh black ink
- Linguine Marinara** €12.95
King prawns, mussels, calamari rings and sea clams, Pan-fried in garlic, onions, olive oil and white wine, finished off with cherry tomatoes and a touch of prawn bisque sauce

FRESH PASTA

- Ravioli ricotta and Spinach**  €8.95
Served in traditional Neapolitan sauce
- Cappelli Funghi Porcini**  €11.95
Tossed in pan-fried garlic, onions, truffle paste, white wine and fresh cream, finished off with parsley
- Garganelli Chicken & Prawns** €13.95
Boneless chicken thighs, king prawns and fresh zucchini pan-fried in olive oil, onions, garlic finished in a prawn bisque and fresh cream
- Tagliatelle Gamberi & Carciofi** €13.95
Quartered artichoke hearts, king prawns and orange zest, sizzled in garlic, olive oil and onions, sautéed in white wine finished off with fresh marjoram, prawn bisque and fresh cream
- Tortellacci Giganti Veri agli Asparagi**  €12.95
Filled with ricotta, asparagi and Parmesan cheese tossed in onions, garlic, cherry tomatoes, fresh cream complimented with rucola, topped with Grana shavings

RICE AND RISOTTO DISHES

- Chicken curry** **GF**  €10.50
Fresh cream, chicken cubes, curry, bell peppers, coconut milk, sultanas, mango chutney, onions, garlic, white wine, olive oil and parsley
- Stir fry chilli pork**   €10.95
An oriental dish infusing pork fillet cubes, fresh chilli, garden peas, bell peppers, soy sauce, hoisin sauce, onions, garlic, red wine and olive oil
- Veggie Arborio Rice**  **GF** €9.95
Artichoke quarters, onions, mushrooms, marrows and cherry tomatoes finished off with vegetable stock and topped up with feta cheese
- Creamy Funghi Porcini** **GF** €12.95
Garlic, onion, quarter mushrooms, truffle paste and porcini mushrooms finished with Grana, parsley and fresh cream

PAELLA

Seafood €13.95  €25.90
Saffron rice, garlic, spring onions, cherry tomatoes, calamari, mussels, peeled prawns, octopus, hint of chili finished off in fish stock

Fiesta De Carne €13.95  €25.90
Saffron rice, garlic, spring onions, cherry tomatoes, rib-eye strips, boneless chicken thighs, pork fillet, peas, peperoni finished off with beef stock and smoked paprika

FROM THE GRILL

Grilled marinated chicken breast €15.50
Served with a creamy mushroom jus sauce

BBQ ribs **Half** €13.95 **Full** €16.95
Smothered in BBQ sauce

Southern style ribs **Half** €13.95 **Full** €16.95
Smothered in a spicy southern American style sauce

Baked salmon €16.50
Set on a prawn bisque sauce, complemented with a dill and lemon dressing

Fresh Local tuna (in season) GF €17.95
Grilled fresh tuna seasoned in rock salt, crushed pepper, olive oil and ginger topped up with rucola

Veal Milanese €16.95
Deep fried milk-fed veal, coated in breadcrumbs, Grana and parsley served with rucola and lemon

Fresh Rib-eye €22.95
Grilled fresh rib-eye steak topped with chives and garlic butter

All the above items are served with fries or baked baby potatoes and salad.

Adding Extras...

Boiled vegetables €1.95

Side salad €1.95

Mushroom sauce or Pepper sauce €1.95

Mushroom sauce can be served gluten free upon request

BURGERS

- Bacon Cheese** €10.95
Home-made beef Pattie served in a toasted brioche bun with melted cheese, fancy lettuce, sliced tomatoes and caramelised onions
- Kaptan's favourite** €15.95
Home-made beef Pattie, crispy Parma ham, applewood cheese served in a toasted brioche bun with sliced tomatoes, fancy lettuce and caramelised onions
- Pulled Pork** €11.95
Pulled pork served in a toasted brioche bun with caramelised onions, sliced tomato, fancy lettuce complimented with Jack Daniel's sauce
- Mexican Burger** €13.95
Home-made beef Pattie served in a brioche bun with nachos, nachos cheese, red kidney beans, jalapenos, tomatoes and fancy lettuce accompanied with coleslaw and fries
- Chicken Caesar Burger** €11.95
Breaded chicken breast served in a brown brioche bun with crispy bacon, fancy lettuce, tomato complemented with Caesar's sauce accompanied with coleslaw and sweet potato fries
- Duo Burger** €14.95
Home-made beef Pattie, breaded chicken breast served in a brioche bun complimented with thousand island sauce, cheddar cheese, fancy lettuce and tomatoes
- Truffle Burger** €13.95
Home-made beef Pattie, served in a brioche bun complimented with rucola, parmesan cheese, truffle cream, fried onions, mushrooms and tomatoes
- Greek Island Burger** €12.95
Home-made beef Pattie served in a brioche bun, feta cheese drizzled in basil oil and olive tapenade, lettuce and tomatoes

All the above items are served with fries and coleslaw

Adding extras...

Side salad €1.95

YOUNG SAILORS

- Captain Hook nuggets & fries** €5.50
Mermaid (wudy) sausages & fries €5.50
Spongebob burger & fries €5.50
Nemo fish fingers & fries €5.50
- Popeye Pizza** €5.50
Tomato base, Mozzarella and Wudy sausages
- Moby Dick Pasta** €5.50
Penne served in either cream, butter or tomato sauce

PIZZA

Margherita 	€7.50
Tomato sauce and Mozzarella	
Funghi 	€7.75
Tomatoes sauce, Mozzarella and mushrooms	
BBQ chicken	€8.95
Tomato sauce, Mozzarella, chicken, sweetcorn, bell peppers, onions and BBQ sauce	
Quattro stagioni	€8.95
Tomato sauce, Mozzarella, peas, spicy sausage, egg and mushrooms	
Four cheeses 	€8.75
Tomato sauce, Mozzarella, blue cheese, goat's cheese and Parmesan shavings	
Capricciosa	€9.50
Tomato sauce, Mozzarella, mushrooms, artichoke hearts, ham, egg and black olives	
Vegetarian 	€8.50
Tomato sauce, Mozzarella, fresh tomatoes, sweetcorn, onions, bell peppers and garden peas	
Piccante 	€8.75
Tomato sauce, Mozzarella, green peppers, spicy sausage, fresh chilies, fresh tomatoes and onions	
Marinara	€9.25
Tomato sauce, Mozzarella, mussels, shrimps, tuna and black olives	
Maltija	€9.50
Tomato sauce, Mozzarella, caponata, Maltese sausage, onions, egg, goat's cheese and black olives	
Calzone	€8.95
Tomato sauce, Mozzarella, egg, mushrooms and ham	
Parma rucola	€10.50
Tomato sauce, Mozzarella, Parma ham, rucola and Parmesan shavings	
Kaptan Suncrest	€11.95
King prawn, mussels, calamari rings and fresh herbs dressed with fresh cherry tomatoes and garlic oil	

GOURMET PIZZA

Archipelago 	€11.50
Tomato sauce, fior di latte, blue cheese & walnuts drizzled with honey	
Sea Waterfront	€11.95
Tomato sauce, fior di latte, smoked salmon, shrimps, feta cheese, basil oil and rucola	
Pulled Pork	€11.50
Tomato sauce, fior di latte, pulled pork, bell peppers, caramelised onions, and BBQ sauce	
Parma Bufala	€12.50
Tomato sauce, fresh tomatoes, Parma ham, rucola and Mozzarella di Bufala	
Meat Feast	€12.75
Tomato sauce, fior di latte, rib-eye strips, minced meat, pepperoni, wudy, chicken, ham, onions, bell peppers and peas	
Direttor Giuseppe (half open & half closed) 	€12.50
Mozzarella di Bufala, mushrooms and Parmesan for the closed part; tomato sauce, Pecorino and salami Calabrese for the open part	

Adding extras...

Toppings	€1.00
Salmon or prosciutto	€2.00
Mozzarella di Bufala	€3.90

While some of our menu items do not contain nuts and/or gluten, containing ingredients/products as a main ingredient, the said items are prepared in a kitchen where nuts and gluten-containing ingredients are used, therefore contamination of these products may occur and there may be traces of nuts and/or nut oil and/or gluten or any allergies containing ingredients present, even if the description and/or menu item does not specify such.

Tal- Kaptan cannot guarantee that all products are nut free and/or gluten free and therefore cannot be held responsible for any issues resulting from any food allergies also those deriving from consumption of mustard seeds, sesame seeds, celery, onions, garlic, chili and dairy. For any special dietary requirements, kindly consult with the restaurant manager or chef on duty.